The holiday season is a time for family and friends to gather and celebrate.

Studies show that parents have the strongest influence over shaping their children's attitudes and behaviors, especially when it comes to making healthy choices.

This holiday season, let's set a positive example and choose to make healthy choices to keep our kids alcohol-free.

This message brought to you by the Town of Enfield and the Enfield Together Coalition, preventing and reducing substance abuse.

To learn more, visit www.EnfieldTogether.org

Funded by Connecticut Department of Mental Health and Addiction Services



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